

# A NATIONAL SYMPOSIUM ON HOLISTIC ADDICTION TREATMENT



**"I'VE NEVER MADE THE DECISION TO WANT TO BE CLEAN UNTIL NOW**  
...Instead of using drugs we use food, vitamin supplements, and even  
acupuncture and yoga (along with 12 Step and counseling).  
If it's working for me I know it will work for other clients..."

—Heroin user clean over 30 days

## BEYOND TALK THERAPY: New Frontiers in Addiction Treatment

September 27-29, 2007  
Sacramento, CA

23 Experts, 28 sessions,  
4 keys to successful recovery:

Pro-Recovery Diets  
Targeted Supplements  
Acupuncture/Acupressure  
Mind-Body Integration

Earn up to 21 CEUs!

Please go to:  
[www.carasac.org/symposium07.asp](http://www.carasac.org/symposium07.asp)  
for details and registration

### COMMUNITY ADDICTION RECOVERY Assoc. (CARA)

2230 Loma Vista Drive, Sacramento, CA 95825  
916-485-2272 [info@carasac.org](mailto:info@carasac.org)

Stop cravings, fatigue, insomnia, depression,  
anxiety, pain, and relapse by correcting  
neurotransmitter deficiencies naturally.

**"I GOT OBESE IN OTHER RECOVERY PROGRAMS** but the new  
supplements and diet in this program stopped my carb cravings.  
They've improved my mood, too so I don't need to go back on  
antidepressants." —15 year alcoholic 6 weeks into holistic treatment

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Course meets the qualifications for 21 hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences, Provider 3735; Provider approved by CAADAC, provider number 5-06-485-0508 and for CAARR provider number 5067 for 21 CEH's; Provider approved by the National Association of Nutrition Professionals and the California Board of Registered Nursing Provider Number 14126 for 21 contact hours; Course is pending approval by the California Acupuncture Board and NCCAOM for 21 hours of continuing education.

Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC) for Certified Health Education Specialists (CHES) Category I Continuing Education Contact Hours (CECH).

Refunds by written request by August 27th per terms at [www.carasac.org](http://www.carasac.org).

### Symposium Faculty:

PAUL ANDERSON MD  
LIANNE AUDETTE LAc  
KENNETH BLUM PhD  
JAMES BRALY MD  
HYLA CASS MD  
PAT FARRELL CHt, EFT-Adv  
CHARLES GANT MD, NMD, PhD  
FRANK GAVIOLA BA, 6th Dan  
BRAD GILBERT MMQ  
CLARK INKANISH ICADC  
DONALD J. KURTH MD  
JOAN MATHEWS-LARSON PhD  
DOUG LISLE PhD  
BRENDA MARSHALL EdD, CHES  
MERLENE MILLER MA  
CARDWELL C. NUCKOLS PhD  
CAROLYN REUBEN LAc  
JULIA ROSS MA, MFT  
MICHAEL SMITH MD  
NANCY J. SMYTH PhD, LCSW, CASAC  
BARBARA REED STITT PhD  
STAN STOKES MS, CCDC  
ELIZABETH STUYT MD  
BRAD YATES CHt



ABOVE: Clients learn to cook for recovery.



ABOVE: CJ Middleton, DC, dispenses nutrients at Drug Court.



ABOVE: The acudetox formula used worldwide.



ABOVE: Brad Gilbert, Qi Gong Master, leads a class.